# http://jhs.jsums.edu/jhsinfo/Portals/0/images/JHS_logo_2011.jpg

**About the Programs: Physical Activity**

These programs were developed for use and implementation in the Vanguard Center package.

For questions about their contents please contact Victoria Okhomina ([vokhomina@umc.edu](mailto:vokhomina@umc.edu)) or the nutrition/physical activity co-chairs.